

# Handwriting Group

Facilitated by our Paediatric Occupational Therapist (OT), enrolments are now open for our **Term 2 Handwriting Group**. This group is suitable for **school-aged children, from 5 to 8 years of age**.

This group will provide a range of skills to assist with handwriting, including :

- Exercises to increase strength and co-ordination of hand muscles
- Focus on seating posture and pencil grasp
- Increase speed and accuracy of pencil work
- Maximise concentration, attention, and socialisation skills
- Review letter formation techniques

The Handwriting group will run for 8 weeks on a Monday or Tuesday afternoon from 4:00 to 5:00 pm. Places are **limited to 6 children only**.

Parents are not required to attend sessions. However, if you chose to stay, we request that siblings do not attend the group and alternative arrangements are made.

<b>Where:</b>	Connect Health and Community, 2a Gardeners Road East Bentleigh 3165
<b>Cost:</b>	\$10
<b>Bookings:</b>	Please call Jess Smith, 9192 8931, to register your child
<b>Contact:</b>	Rachel Manderson (OT) – 9575 5370, for group enquiries
<b>When:</b>	Wednesday or Friday Groups (see dates below)
<b>Time:</b>	9:30 to 10:30 am

## Term 2 2022 dates:

Wednesday group:	Friday group:
<ul style="list-style-type: none"><li>• May 2<sup>nd</sup></li><li>• May 9<sup>th</sup></li><li>• May 16<sup>th</sup></li><li>• May 23<sup>rd</sup></li><li>• May 30<sup>th</sup></li><li>• June 6<sup>th</sup></li><li>• June 20<sup>th</sup></li><li>• June 27<sup>th</sup></li></ul>	<ul style="list-style-type: none"><li>• May 3<sup>rd</sup></li><li>• May 10<sup>th</sup></li><li>• May 17<sup>th</sup></li><li>• May 24<sup>th</sup></li><li>• May 31<sup>st</sup></li><li>• June 7<sup>th</sup></li><li>• June 21<sup>st</sup></li><li>• June 28<sup>th</sup></li></ul>

*\*please note the week of June 13<sup>th</sup> there will be no group due the Queen's Birthday Public Holiday .*