

Happy Mealtimes Group

Do you wish to have happier mealtimes with your toddler?

If you have a fussy toddler in your family, then this group may help during those stressful mealtime battles.

This online event will provide you with ideas on what and how much your toddler should be eating. You will also hear ideas of creative ways to serve meals and snacks.

This event is suitable for children aged 12 months to 5 years of age.



Where:	Online
Cost:	\$5
Bookings:	Via Trybooking – https://www.trybooking.com/events/landing?eid=706860&
Contact:	Viv Sullivan, 9575 5348
When:	The first Tuesday of every alternate month
Time:	10-12 pm

2022 Dates:

1 February	2 August
5 April	4 October
7 June	6 December

Bookings

Bookings can be made online through the trybooking website.

<https://www.trybooking.com/events/landing?eid=706860&>

A link will be sent via email prior to the event which will allow access to the live presentation.