

# Happy Mealtimes Group

## Do you wish to have happier mealtimes with your toddler?

If you have a fussy toddler in your family, then this group may help during those mealtime battles.

This online event will provide you with ideas on what and how much your toddler should be eating. You will also hear ideas of creative ways to serve meals and snacks.

This event is suitable for children aged 12 months to 5 years of age.



<b>Where:</b>	Online, via WebEx
<b>Cost:</b>	Free
<b>Bookings:</b>	<a href="https://www.trybooking.com/BOFQY">https://www.trybooking.com/BOFQY</a>
<b>Contact:</b>	Intake 9575 5322
<b>When:</b>	The first Tuesday of the month*, from 10-12 pm
*the group will run every second month	

### 2021 Dates:

2 February	3 August
6 April	5 October
1 June	7 December

### Bookings

Bookings can be made online through the trybooking website. A WebEx link will be sent via email prior to the event which will allow access to the live presentation.

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