

Making Mealtimes Happy

Do you wish to have happier mealtimes with your toddler?

Teach your children to be happy, healthy kids who love to eat the food you prepare.

Parents, grandparents and carers are welcome to come and chat with our Dietitian Jodie.

You will hear about lots of ideas on how to help make mealtimes more enjoyable and fun.



Where: 2a Gardeners Rd
Bentleigh East

Cost: \$10

Bookings: 9575 5322

When: **Tuesdays** 10 – 12 pm

2020 Dates:

25 February	25 August
24 March	22 September
21 April	20 October
19 May	10 November
23 June	8 December
21 July	

To get the most out of the session, we recommended you arrange to have someone care for your little ones

We thank you for your consideration

Parking is available onsite (free) and 2-hour parking available in side streets